

# The Preuss School UC San Diego INSIGHT NEWSLETTER

9500 Gilman Drive, La Jolla, CA 92093-0536 Main Phone Line: (858) 822-3000



Welcome Back to another Successful School Year!

# PTA GENERAL PARENT MEETING

September 19, 2020 October 17, 2020 November 14, 2020

9:30 to 11:00 AM

This program, hosted on Zoom, is open to all our parents. The Zoom IDs will be sent via a post on ParentSquare before the meeting dates.

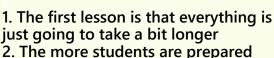
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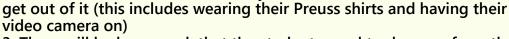
# A Note from the School Principal Dr. Matthew Steitz

How are we doing in our classes...

As we move past our 1st month of our Distance Instruction Open Learning Program we have learned several lessons. Here are just a few things that I want to make sure that we share with our families.



2. The more students are prepared for their zoom classes the more they



- 3. There will be homework that the students need to do away from the computer
- 4. Grades will be coming and they are real.

# So what is coming up...

Our Back to School Night has been scheduled for September 24th. There will be a webinar that will start at 5pm. During this webinar I will be giving instructions on how to navigate the event. Teachers will be providing videos about each of the classes they are teaching. All advisory teachers will have live presentations. This will be a great way to have your scholars show you what they have been up to.

See Page 2



### A note from Dr. Steitz, continued

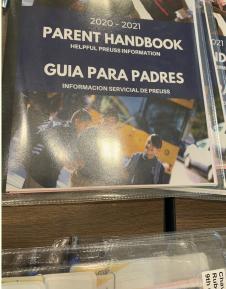
This Friday September 18th is the midway point of our first semester. Please connect with your scholars and have them show you what they have been learning. If you need to have your scholar attend tutoring, they can connect with teachers from 3pm-4pm every day and our next Saturday Enrichment Academy is Oct. 3rd from 9am-11am (students can find the Zoom information on their google classroom sites).

We are busy beginning the planning process for our return to campus set for January. As we create schedules and solidify our procedures we will share this information with parents, scholars, and staff. Stay tuned.

Please continue to stay safe. Personally, I feel that wearing a mask in public places is extremely important, washing your hands more than you ever have before and keeping a good physical distance is a must. I wish you and your family the best during these trying times.

Dr. Steitz





#### Go Tritons!

We can't wait to get back to our school

#### **Preuss Musicians Excel**

Congratulations to our 12 students that were accepted to the San Diego Youth Symphony

#### **Parent Handbook**

This is still the best resource that we have for parents, lots of good information

# Student Attendance: Present, Engaged and Supported!



Dear Parent/Guardian,

We are excited to welcome you to the start of the 2020-201 school year! We have a lot to look forward to this year! To help our community stay healthy, we began the year with remote learning. We make it our mission to support students and families remotely during the crisis and attendance is an important component of the student's success during these tough times.

The students are expected to report and engage in school. They should be attending each class every day; without evidence of engagement, the student will be marked absent. They should only be absent if they are sick and/or contagious. If the student is not able to participate in the required web session due to an internet outage at home or a technical problem with the computer, please let us know immediately, so we can clear up the absence and ask the appropriate staff to fix the problem. When students miss school, they miss out on valuable lessons that cannot be recreated with homework.

As a reminder, here is our remote learning attendance policy:

To receive attendance credit, the school requires students to attend every single class following our school schedule from Monday thru Friday, unless a justifiable reason for an absence is provided to the school by phone or email. If this is not done, the absence will be considered unexcused and remain on the student's record. Students who do not sign in on time should contact their teacher to receive credit for their participation. They have the opportunity to complete the work by the end of the school day. If they complete the work on the same day, they will be marked present. If the student has a valid reason to be absent, please notify the school by calling (858) 822-0311 or e-mail me at <a href="mailto:pavillanueva@ucsd.edu">pavillanueva@ucsd.edu</a> as soon as possible.

As we proceed with the school year if you have any questions or concerns, please contact us. For any your questions about classes or curriculum, please contact your child's teacher. In addition, the school counselors are available to provide the necessary support to the students and families. You can contact the school by phone as well as the Preuss website

(preuss.ucsd.edu) to get e-mail addresses of our teachers or updates on distancing learning.

Thank you in advance for your cooperation with the attendance procedures. I look forward to another successful school year.

Patricia Villanueva, Attendance/ Transportation Coordinator

Every school day matters! Encourage your kids to attend school every single day.

### Whispers from the Library



Welcome Back! Unfortunately, we have not been able to see your students' wonderful faces up in the library. We greatly miss all the hustle and bustle taking places these first few weeks of school.

We have gotten most of our textbooks checked out and we would like to send a great big thank you to all those who made the trip up on August 8<sup>th</sup> for New Student Orientation and the 1<sup>st</sup> week of school and the make-up day, August 29<sup>th</sup>. We know it can be a haul and I believe almost all families were able to make it! Because we are remote, we checked out many laptops, chrome books and hotspots. Your students are responsible for the care of these devices. Intentional damage will result in fines added to their library account. It is very important to contact tech@preuss.ucsd.edu if any problems arise.

It is very important that your student flips through each and every one of their textbooks for any damage. Damage can include writing, drawings, water/food stains, torn pages and or torn covers. Due to COVID-19 we were not able to clean each book. We were only able to do a quick flip through. If the student does not bring any damage to our attention by the end of September, they will be held responsible at the end of the year. It is a \$5.00 minimum charge. TO PREVENT DAMAGE AND EXTEND THE LIFE OF TEXTBOOKS IT IS VERY IMPORTANT TO COVER ALL HARDBOUND TEXTBOOKS WITH BROWN PAPER BOOK COVERS. BROWN PAPER GROCERY BAGS WORK WELL.

We are so excited to announce THE PREUSS SCHOLAR SUPPORT MOBILE. We will be using the Preuss Van to bring books and other supplies to students via neighborhood public libraries. At the end of each month, usually the last week, (it will be announced via Parent Square and through student advisory classes) we will be at 4 or 5 different locations in the community (See below). Students will be able to use the Destiny Catalog to request books. We will check the book/s out to the student and then bring it in the Support Mobile. The student will then come to pick up the book. Loan periods have been extended to one month.

Monday: Balboa 4255 Mt. Abernathy AveSan Diego, CA 92117
Tuesday: City Heights 3795 Fairmount Ave.San Diego, CA 92105
Wednesday: Linda Vista 2160 Ulric St.San Diego, CA 92111
Thursday: Valencia Park/Malcom X
Friday(PENDING): Chula Vista 365 F St, Chula Vista, CA 91910

Library notices will be sent via email at the beginning of each month. No fines were added since our closure March 16, 2020. The only fines your student might have would be any lost books or fines that were on their account before our closure in March. Students will be able to pay fines or volunteer once return to on-campus learning. Students may volunteer to work off their fines.

Online library information is on the Preuss School website. Check us out under Campus Life > Library. We have links to our databases, the school catalog, the DCP and Sora by Overdrive (our ebook collection site). Students are also able to access eBooks by downloading the SORA APP on their phone and using their student ID number to login.

Keep Reading, Ms. Nance and Ms. Gonzalez

"None of us has gotten where we are solely by pulling ourselves up by our bootstraps. We got here because somebody...bent down and helped us." –Thurgood Marshall



By, Jacqueline Azize-Brewer, Ph.D. Coordinator, Volunteer Programs

I want to express our gratitude to all the volunteers who donate their time and talent to assist our scholars. This includes parents, tutors, mentors, interns, and one-time volunteers. Our volunteers make our mission possible!

We reached out to our volunteers when we entered Distance Learning in March of this year. They answered our call with a resounding "yes" and continued volunteering for the school in a remote environment. Our tutors continued assisting teachers and scholars during tutoring sessions, mentors continued meeting virtually with their mentees, volunteers assisted as members of the Senior Exhibition Panels, and parents stayed involved by participating remotely in the PTA General meetings and other school events.

We have started the 2020-2021 academic year on an excellent note and look forward to continue to welcome back our returning volunteers in the capacity that they are able to assist us. We also welcome our many new volunteers who have joined us recently and look forward to welcoming our future volunteers who will join us in the future.

Do you know someone who would like to volunteer at The Preuss School UC San Diego? If so, please refer the prospective volunteer to me and I will follow up with each person who reaches out to me regarding next steps in the volunteering/clearance process. I can be reached at <a href="mailto:preussvolunteer@ucsd.edu">preussvolunteer@ucsd.edu</a> or at 858-822-2020. We have opportunities for volunteers to assist remotely and/or to assist in person when it is safe to return to campus.

Our volunteers range from high school students to retirees with different backgrounds, languages and interests. They are an essential part in providing the necessary support for our scholars.

Thank you for being a part of The Preuss School UC San Diego!

PTA General Meetings and PTA Executive Board Meetings are scheduled on the following dates:

Via Zoom <u>Webinar</u>: PTA General Meeting from 9:30 – 11:00 am \*

September 19, 2020 October 17, 2020 November 14, 2020 Via Zoom <u>Meeting</u>: PTA Executive Board Meetings from 5:30 – 7:00 pm \*

September 1, 2020 October 6, 2020 November 3, 2020

\*The Zoom IDs will be sent via a post on ParentSquare before the meeting dates. Please look for that information in your communications from ParentSquare.

#### **Become involved in the school PTA**

By Veronica Bailon PTA President



Dear Preuss Parents,

I want to welcome you to the 2020-2021 school year. My name is Veronica Bailon, your PTA President for this year. On behalf of our Executive Board we welcome all the parents and look forward to working with you.

I encourage all of our parents to become involved in the school. Join the PTA. Support classroom and school-wide activities. The Saturday PTA General Meetings are a great way to learn about what is happening at Preuss, a great way to earn volunteer hours, and it is a great time to get to know other parents. Each meeting includes a Principal's Report, and a featured speaker will share information regarding school programs. Translation in Spanish is provided. You fulfill your volunteer service hours by attending the PTA General Meetings, and learn new information. The next General Meeting will take place on Saturday, October 17, 2020, and I look forward to seeing you there.

#### Memberships:

Memberships are \$15.00. Anyone can join the PTA. Parents, grandparents, teachers, students, and friends. When you join the PTA you are supporting your child's education. Your membership dues help fund field trips, parking, and many other school functions. The California State PTA membership runs throughout the school year. We ask that you renew your membership each year.

#### **Tri-M Music Honor Society**

The Preuss School Tri-M Music Honor Society (Chapter 8499) is a high school music honor society and is a program of the National Association for Music Education (NAfME.) The mission of the Tri-M Music Honor Society is to recognize students' academic and musical achievements and to provide leadership and service opportunities to young musicians. The Preuss School UCSD chapter is run by the students and supervised by the music director.

To be eligible for the new membership, a student must be in 10<sup>th</sup>, 11<sup>th</sup>, or 12<sup>th</sup> grade, maintain a GPA of 3.25 or higher, have successfully completed one high school music class and is *presently* enrolled in a music class (i.e. HS orchestra, instrumental ensemble, honors orchestra, AP music theory, Honors choir, choir, and introduction to piano.)

Members of the Tri-M Music Honor Society who have completed the music, academic and service requirements wear a lavender cord at graduation.

Congratulations to the members of the 2020-2021 Tri-M Music Honor Society!

Frida Acevedo Federico Carla Bolteada Reyna Cedillo Sofia Foulks Xochitl Garcia De Jesus Jessica Guzman Julian Hernandez Santa Cruz Sue (Phuong Uyen) Ha Stephanie Rios Ramirez Kebron Russom Meliya Russom Angelina Solis Nghi Tang Helen Trinh William Wong

#### **MEET THE NEW PREUSS FACULTY MEMBERS**



Dr. Johnathan Chittuluru (aka Dr. J) is originally from Champaign, IL. He completed his undergraduate degree at Cornell University, where he graduated with honors in chemistry and biology. Next, he attended The Scripps Research Institute in La Jolla and earned a PhD in Computational Structural Biology. After completing his work at TSRI, he fell in love with education and earned a California Teaching Credential in Chemistry. Before joining the Preuss School, Dr. Chittuluru served as the Science Department Lead at e3 Civic High School.



In his spare time, Dr. Chittuluru loves golfing, coaching football, reading, and spending time with his wife Adriana and their two Shih-Poo dogs, Rainbow and Lollipop.

#### Elda Martin Sanchez Robles Learning Specialist Assistant



This is my first year at The Preuss School and I am very excited to be part of this amazing community. I was born and raised in Tijuana, Mexico and only moved to the United States three years ago. I work with the Learning Resources Department, supporting students from 6th-12th grade. Before joining The Preuss School, I was a Special Education Teacher in Mexico for ten years. When I am not in the classroom, I enjoy spending time with my family, going to the beach, hiking, cooking, and running. I look forward to meeting you all.



Good day, Preuss family!

I feel so incredibly blessed to have the opportunity to join the Preuss team with the tremendous privilege of serving our scholars and their caregivers. It truly is a dream come true and a responsibility that I do not take lightly.



A little bit about me, I graduated college with a Bachelor's Degree in Business Management (BBA) and returned to school later in my career, graduating with a Master's Degree in Business Administration (MBA). After college, I went on to serve in the United States Navy, graduating from Officer Candidate School in Newport Rhode Island in 2010. I spent the next 10 years serving on multiple forward deployments overseas. In my years on active duty, I served in increasing levels of responsibility and leadership, with experience as a naval educator, and attaining real-world science experience, in the fields of: engineering, space and physical science, and data analysis. I continue to serve in the United States Navy as a Selected Ready Reservist, drilling on weekends and over the summer break. I will be promoting to the rank of Lieutenant Commander next year, with great honor.

As I approached the halfway point in my Naval career, I decided to take a leap of faith to pursue my passion for education, social justice, science, and serving youth as a middle school science teacher. My passion for working with young adolescents, specifically in middle school, led me to attend the only Middle Level teaching credential program in the state of California at California State University, San Marcos.

My educational philosophy aligns seamlessly with that of Preuss, where students are viewed holistically and deep care for each student is prioritized. I view teaching and learning as a collaborative student/teacher experience, where my goal is to engage students through inquiry and exploration, with the intent of inspiring them to see the best within themselves. In my multicultural classroom of "windows and mirrors" we value diversity and KINDNESS above all!

Outside of the classroom, I am married to the love of my life, Marisa, who also serves our community as a Licensed Marriage and Family Therapist (LMFT). We have two fur babies, a cat and dog. I am a diehard surfer. Whenever I have free time, I can usually be found in the ocean—classic longboarding is my second love. I also enjoy going on backpacking trips and spending time in the wilderness. I am in the process of section hiking the entire John Muir Trail and was able to summit Mount Whitney for a third time while spending a week solo backpacking the JMT in July of this year.

I cannot wait to get to know and be of service to you all. I am beyond excited about this opportunity and look forward to a fruitful career at the spectacular Preuss School!

Warm regards,

Lee Glisan

# Student Services & Counseling Department

September & October 2020



It is a pleasure for the School Counselors to welcome you to the 2020-21 school year! A special welcome to our new students in grades 6, 7, 8, and 9. Our goal is to offer guidance and support to students in the Academic, Personal/Social, College/Career Planning areas. Even in a virtual setting, we are available to assist and meet with students about a variety of topics such as: loneliness, grief, academic organization, and other personal concerns. If you have any concerns regarding your student please contact us or your child's University Prep Teacher.

We look forward to another wonderful year!

#### Contact the Student Services Department

#### Ms. Erin Patrick

School Counselor, Grades 6 & 7, 12 Go-Pen empatrick@ucsd.edu

#### Ms. Brittany Oka

School Counselor, Grades 8 & 9, 12 A-Gh boka@ucsd.edu

#### Ms. Ruthie Hernandez

School Counselor, Grades 9 & 10, 12 Per-Z ruthieh@ucsd.edu

Ms. Yazmin Ghonaim

School Psychologist ughonaim@ucsd.edu

#### Ms. Amanda Torre

Family Support Specialist & Homeless Coordinator altorre@ucsd.edu

Ms. Paty Macedo
Registrar
preussreaistrar@ucsd.edu

#### **High School Counseling Announcements**

#### **CLASS OF 2021 INFORMATION**

#### **School Counselor Assignments**

For the senior class, the School Counselor assigned is determined by the student's last name. Ms. Patrick, the School Counselor that has been supporting this cohort, can still be the primary form of contact for social/emotional and personal support, as needed. Below is the School Counselor assignments:

- •Ms. Oka last name A through Gh
- •Ms. Patrick last name Go through Pen
- •Ms. Hernandez last name Per through Z

#### **Virtual College Rep Visits**

Colleges and universities from across the country and around the world, will be offering Rep Visits for Preuss students in a virtual format. Students can learn about which schools are presenting and can sign-up by logging into Naviance (https://student.naviance.com/preuss).

#### Mandatory Senior Events | SAVE THE DATE

Financial Aid Workshop
Saturday, October 24 | Time TBD
Zoom info will be sent via ParentSquare
Mandatory for students & families

#### **Middle School Counseling Announcements**

School Counselors will be working individually with Advisory teachers to present counseling lessons via Zoom. Some topics may include Introduction to your School Counselor and Social Media & Online Safety.

During this semester of online learning, we also encourage parents to read the article <u>Distance Learning: 8 Tips to Help Your Child Learn at Home</u>. We work in partnership with our parents to ensure that our students can be successful. If you need additional support please contact the Middle School counselors directly:

Ms. Patrick (Grade 6-7) or Ms. Oka (Grade 8

#### **News from Student Services Continued**



# PSAT/NMSQT: October 17 & 29, 2020

Only the 11th grade class will be taking the PSAT/NMSQT for this academic year. The test will take place on The Preuss School campus and we will ensure that safety measures are in place. More information will be sent out via ParentSquare.

The PSAT/NMSQT is a practice version of the SAT and measures what students are already learning, shows them whether they're on track for college, and lets them know where they need the most improvement.



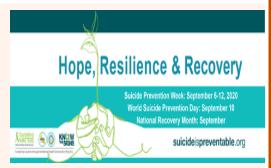
#### AP Testing Registration & Payments

Registration: Students will be finishing up registration for their AP Exams during the month of September. Please make sure students who are enrolled in AP Courses have joined all of their AP Courses in their College Board account. Deadline to join AP Classes on College Board is Sept 21. Please reach out to Ms. Ruthie Hernandez if you have any questions.

**AP Payments:** Great news! We will not be collecting AP payments. **The Preuss School will be covering the entire AP exam fee.** 

#### **Suicide Prevention Month**

Parents and families, September is <u>National Suicide Prevention Month</u>. Every day in California friends, family, and co-workers struggle with emotional pain. And, for some, it's too difficult to talk about the pain, thoughts of suicide, and the need for help. Youth who are suicidal are more likely to talk with their peers rather than with adults about their concerns. Therefore it is important for you to know the signs, find the words, and reach out to those young people.



Check out <a href="www.suicideispreventable.org">www.suicideispreventable.org</a> for more information about how you can help someone who may be suffering. Preuss has a high school club on campus called National Alliance on Mental Illness, or NAMI on Campus. NAMI on Campus has put some hard work and thought into creating a positive and hopeful message for this year's suicide prevention month. During advisory classes, students will participate in activities to raise awareness and provide hope as we support this very important issue. Additionally, during the month of October we will be raising awareness for a healthy lifestyle away from drugs and alcohol during Red Ribbon Week. Students will learn positive and healthy coping strategies. If you have any questions please contact Ms. Torre at altorre@ucsd.edu.

#### **Progress Report Reminder**

The first Fall semester progress report will be available to families online via Aeries on September 24/25. Please review your students progress report grades and discuss what improvements can be made. School counselors will be working individually with students that receive multiple D/F grades.

#### **Wellness Wednesday**

The school counselors and Preuss staff realize that the mental and emotional wellness of students is of the highest importance. For this reason, each week of the school year we will post a Wellness Wednesday Newsletter for students. The newsletter will include a wellness quote, a wellness tip or resource, and a Kindness Challenge. Here are the latest issues of Wellness Wednesday! 8/26/20: <a href="https://www.smore.com/qdcfus">https://www.smore.com/qdcfus</a> & 9/2/20: <a href="https://www.smore.com/vk8rh">https://www.smore.com/vk8rh</a>

## REQUEST FOR ORGANIZATION OF A SCHOOL CLUB

THE PREUSS SCHOOL UC San Diego Associated Student Body 2020-2021

Attention all high school students, club fair is approaching soon and here are some important details you need to know about this two part event. Reminder that club approval is not needed to participate in club fair, clubs wishing to participate will see further instructions in the post. The club form can be found on preussasb.com, or on the following link https://docs.google.com/forms/d/ e/1FAIpQLSeFecbhfX0WikzBjUSRoL6O37f727VNbUMvsd43pg-AZNsJeg/viewform?pli=1. If any further questions email <a href="mailto:hsasb@preuss.ucsd.edu">hsasb@preuss.ucsd.edu</a>.

Any student filling an application for a new club must complete a form with some information about the club before submitting to ASB for approval. No club meetings or activities may commence until approval is granted. Allow one week from the time of submission for approval.

Please note: Once approval is granted, it is the responsibility of the club to provide ASB with a copy of club bi-laws as indicated by San Diego City Schools. See ASB Advisor for directions on writing bi-

#### **Club Fair Dates and Important Information**

#### **CLUB FAIR PART 1: CLUB VIDEOS**

Club Fair this year will be virtual. Clubs will have the opportunity to send in informational videos describing their club. The format of the video is up to you, show your creativity!

9/15- All Club Videos due to hsasb.preuss.ucsd.edu converted into MP4 Format, and should be no longer than 3 minutes

9/18- Club Videos will be posted for students to view.

#### **CLUB FAIR PART 2: ZOOM MEETINGS**

Zoom meetings will be held by each club at specified times to help answer any questions interested students may have regarding the club and to join it!

9/21: Club Zoom Meeting Schedule Posted

9/23 - Club Fair Zoom Meeting Start

Clubs are not allowed to officially meet until submitting a club application form and having it approved.

The Club Application Form is not needed to participate in Club Fair and can be found on



## **Upcoming School Events**

9/19: PTA General Meeting from 9:30 – 11:00 AM Via Zoom Webinar. The Zoom IDs will be sent via a post on ParentSquare before the meeting dates.

9/21: Deadline to join AP Classes on College Board.

9/24: Back to School Night Event: 500-6:30PM. Preuss School Website (Main Page) "Click" the Back to School Night Banner/Button. On Thursday, the banner/button will take families to a page under the Parents & Families tab where they will find the Webinar Link and the Instructions.

10/3: Saturday Enrichment Academy– Virtual Class, 9:00-11:00 AM. Zoom Link: https://ucsd.zomm.us/j198567143458

<u>10/24:</u> Financial Aid Workshop | Time TBD Zoom info will be sent via ParentSquare Mandatory for students & families.

10/10: Open House Webinar: 11:00 AM—12:30 PM. Recruitment Event for families interested or have already applied to The Preuss School to learn more about what we offer.

https://ucsd.zoom.us/j/92470407882

10/17: <u>PSAT/NMSQT</u> for 11th Grade in school campus. 8:00 AM—1:00 PM.

10/17: PTA General Meeting from 9:30 – 11:00 am Via Zoom Webinar. The Zoom IDs will be sent via a post on ParentSquare before the meeting dates.

10/24: Saturday Enrichment Academy– Virtual Class, 9:00-11:00 AM. Zoom Link: https://ucsd.zomm.us/j198567143458

# GOOD NEWS ABOUT FOOD DISTRIBUTION FOR SCHOLARS

# Scholars can now go to any location for meal pickup

Pick up time is from 12 pm to 2 pm

All kids 18 and under can receive meals at any of the 81 school locations.

SDUSD will also begin **weekend** meals at all 81 school locations Saturday and Sunday, and begin **evening** meals this coming Monday for every day of the week going forward.

The USDA has now allowed meals to be served with no questions asked until December 31 or as they have said until the funding runs out. No ID required.

To contact the Preuss School Office Staff the parents need to leave a message and we will return their call as soon as we can.

Primary Links to Contact Us. (858) 822-3000

School Main Line for general questions.

(858) 822-0311

Attendance Line for reporting an absence

We are on the web: preuss.ucsd.edu